



Family Support  
Center of  
New Jersey

# FAMILY SUPPORT CHRONICLE

## Welcome to the Family Support Chronicle.

Welcome to the Family Support Chronicle. Fall Training dates are now available!!! Please see the links below or visit our website. Also, SIBSBOWL is back please see below for dates. As always we encourage you to mark our website as a favorite and visit our Facebook page for the most up-to-date information." To learn about the Family Support Center of New Jersey please visit us on the web: [www.fscnj.org](http://www.fscnj.org) or call (800) 372-6510 and a friendly staff member will be more than happy to assist you.

Click here to  
**DONATE NOW!**

## Event Details

Walk for a Brighter Tomorrow  
October 9, 2011  
Rosevelt Park, Edison, NJ

2011 Lifespan Respite Summit  
October 26, 2011  
Renaissance Woodbridge Hotel

National Caregivers Conference  
October 27, 2011  
Renaissance Woodbridge Hotel

Featuring Keynote Speaker  
Gail Sheehy

## Walk for a Brighter Tomorrow

Join us as we walk in beautiful Rosevelt Part to raise much needed funds & awareness for individuals & their families living with developmental disabilities & chronic illnesses.

Register online at  
[www.walkforabrightertomorrow.org/central](http://www.walkforabrightertomorrow.org/central)

## 2011 Lifespan Respite Summit

Join Dawn Apgar (Deputy Commissioner, DHS) and William Conroy (Acting Deputy Commissioner, DHSS) as they discuss New Jersey's newly funded Lifespan Respite Program.

October 26th, 2011  
9:00 a.m. to 1:00 p.m.  
Renaissance Woodbridge Hotel  
515 US Highway 1 South  
Iselin, NJ 08830

click [here](#) for flyer

**Educational Workshops \* Informational Exhibits \* Inspirational Speakers at our National Caregivers Conference**

Thursday, October 27, 2011  
7:30 am - 6:00 pm  
Renaissance Woodbridge Hotel  
515 Highway 1 South, Iselin NJ

Visit [www.nationalcaregiversconference.org](http://www.nationalcaregiversconference.org) for more information and register today!

**EXHIBIT HALL HOURS OCTOBER 27TH  
from 8:00 AM - 4:45 PM**

Have you ever wondered if there was something out there to help make your caregiving responsibilities easier? Check out some of the exhibitors that are listed below that are excited to share their information as well as demonstrate some of their products to you.

Raffles will be occurring throughout the day in the exhibit hall located in the Crystal Room, so please be sure to stop by and visit all of the exhibitors.

**SOME OF THE 2011 NATIONAL CAREGIVERS  
CONFERENCE EXHIBITORS THAT HAVE SIGNED  
ON ARE...**

Abby Lifts  
Advancing Opportunities  
Alianza  
American Disabilities Corporation  
Amerigroup Community Care  
Amramp  
Applied Behavioral Concepts  
Bergen County Special Services (BCSS) CAPE Resource Center  
Catastrophic Illness in Children Relief Fund Commission  
Center for Medicaid & Medicare Services  
Columbus Hospital LTACH  
Community Access Unlimited  
Disability Rights New Jersey  
Enable, Inc.  
Food and Drug Administration  
Group RX  
Horizon NJ Health  
Metlife Center for Special Needs Planning  
Mobility Consulting & Contracting  
Monmouth Vans, Access and Mobility  
NAMI New Jersey

National Multiple Sclerosis Society  
NJ Council on Developmental Disabilities  
New Jersey Shares  
Saint Barnabas Behavioral Health Network  
Senior Medicare Patrol of NJ/JFVS  
Special Care Community Services  
Steps Transition Program at Garfield Park Academy  
United Healthcare  
VA New Jersey Health Care System  
Visiting Nurse Association Health Group

Click [here](#) to download your FREE Exhibit Hall Pass!  
If you have any questions please call

The Family Support Center of NJ at 1(800)372-6510 and  
a staff member will be more than happy to assist you!

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## SIBSBOWL

The Family Support Center and POAC are supporting  
siblings of children with different abilities in an environment  
that is encouraging, supportive and ongoing. SIBSBOWL  
offers opportunities for these siblings to meet each other  
and obtain mutual support while having bowling.

### SIBSBOWL DATES

SEPTEMBER 30, 2011  
NOVEMBER 4, 2011  
DECEMBER 2, 2011  
JANUARY 6, 2012  
FEBRUARY 3, 2012  
MARCH 2, 2012  
APRIL 13, 2012  
MAY 4, 2012  
JUNE 1, 2012

ALL DATES ARE FRIDAYS 4:00-6:00

Click [here](#) for an information flyer or call Ramona Carmeci  
(732) 528-8080 with any question

Location: SIBSBOWL will be held at  
Sea Girt Lanes Rt. 35, Wall, NJ, Fridays from 4-6pm

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## Fall 2011 Trainings

The FSCNJ Training Department has been conducting

information sessions for New Jersey's families since May 2004, and has developed exciting, interactive sessions intended to assist families of children with developmental disabilities targeting different age ranges in order to address unique needs.

With each of the training sessions, families are exposed to appropriate advocacy strategies and are encouraged to develop a person centered approach to planning for their child. FSCNJ encourages and empowers families to create solutions that are right for them.

FSCNJ currently conducts three trainings through collaboration with the New Jersey Division of Developmental Disabilities, they are:

**Life Line for the Journey**

Click [here](#) to view an informational flier. Click [here](#) to register.

**Pathways to Adult Life**

Click [here](#) to view an informational flier. Click [here](#) to register.

**Preparation for Life After 21 - Part 1**

Click [here](#) to view an informational flier. Click [here](#) to register.

**Advocates for Alternatives & New Jersey  
Developmental Disabilities Planning Institute  
presents:**

**Self-Directed Survey Preparation**

Click [here](#) to view an informational flier.

If you have any questions please call 1(800)372-6510.

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## Sibshops/Teen Sibshops

Sibshops/Teen Sibshops are for kids between the ages of 8-12 and teens 13-16 years old who have a sibling with special needs. FSCNJ will host Sibshop meetings once a month on a Saturday from 10:00 a.m.- 2:00p.m.for Sibshops and Each session costs \$25.00 per child.

**2011 Sibshops Meeting Schedule**

October 15, 2011, November 19, 2011,  
December 17, 2011

**2011 Teen Sibshops Meeting Schedule**

October 15, 2011, November 19,2011,  
December 17, 2011

Sibshops/Teen Sibshops will take place at  
The Family Resource Network - Shore Office  
Lions Head Office Park  
35 Beaverson Blvd. Bldg. 11  
Brick, NJ 08723

Please Call the Family Support Center of NJ to Register:  
1-800-372-6510. Click [here](#) to download a Sibshop  
registration form and [here](#) for Teen Sibshops form and  
follow instructions to ensure proper registration.  
\*\*SPACE IS LIMITED. PLEASE REGISTER AS SOON AS  
POSSIBLE\*\*

### **2011 North Jersey Meeting Dates**

September 24, 2011, October 22, 2011, November 19, 2011,  
December 17, 2011

Sibshops will take place at  
The Family Resource Network of New Jersey  
322 US Highway 46 Suite 290  
Parsippany, NJ 07054

Please call the Family Support Center of NJ to Register  
1-800-372-6510. Click [here](#) to download a registration form  
and follow instructions to ensure proper registration.

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## **More Than 1 in 4 with Disabilities Living in Poverty**

by Shaun Heasley

As the number of Americans living in poverty soars, people with disabilities are faring among the worst, new Census data shows.

Nearly 28 percent of those with disabilities ages 18 to 64 were in poverty in 2010, according to statistics released this week from the U.S. Census Bureau. Meanwhile, the poverty rate for their for their peers in the general population reached 12.5 percent.

This comes as the tough economy left 46.2 million Americans in poverty, the highest number seen since the government began keeping track 52 years ago.

A single person was considered to be living in poverty in 2010 if they earned less then \$11,139.

Even among those who were not in poverty, the Census data also shows disparities based on disability status. Median earnings from men with disabilities were about \$41,500, compared to roughly \$48,000 for those without.

Women with disabilities had a median income of just under \$32,000, while their typically developing peers earned more than \$37,000.

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## Arab American Communities and Disabilities Conference

**When:** Saturday December 10, 2011

**Where:** Double Tree Hotel

Somerset, NJ

**When:** 8:30-4pm

click [here](#) for flyer



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