

Family Support Chronicle

Welcome!



**Family Support
Center of
New Jersey**

The Family Support Center of NJ proudly presents Sibshops! Sibshops are for kids between the ages of 8-12 years old who have a sibling with special needs. The group will meet once a month read below for more information!

To learn about the Family Support Center of New Jersey please visit us on the web: www.fscnj.org or call (800) 372-6510 and a friendly staff member will be more than happy to assist you.

[Join our Mailing List!](#)

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The Family Support Center of NJ presents....Sibshops!

Sibshops are for kids between the ages of 8-12 years old who have a sibling with special needs. FSCNJ will host Sibshop meetings once a month on a Saturday from 10:00 a.m. to 2:00 p.m. Each session costs \$25.00 per child.

2011 Meeting Schedule

February 19, 2011

March 19, 2011

April 16, 2011

May 21, 2011

June 18, 2011

July 16, 2011

August 20, 2011

September 17, 2011

October 15, 2011

November 19, 2011

December 17, 2011

Sibshops will take place at

The Family Resource Network - Shore Office
Lions Head Office Park
35 Beaverson Blvd. Bldg. 11

Brick, NJ 08723

Please Call the Family Support Center of NJ to Register: 1-800-372-6510. Click [here](#) to download a registration form and follow instructions to ensure proper registration.

****SPACE IS LIMITED. PLEASE REGISTER AS SOON AS POSSIBLE****

Sibshops Coming to North Jersey!!

FSCNJ is excited to announce that we are in the final planning stages of launching Sibshops in North Jersey. We will be hosting the session at the Family Resource Network North Jersey office in Parsippany. Sibshops are monthly sessions held from 10AM-2PM on a Saturday, and are for siblings of special needs children between the ages of 8 and 12. There is a nominal fee of \$25 per session. If you have a child that maybe interested in these sessions please call Laura Kay at 1-800-372-6510.

SIBSBOWL

The Family Support Center and POAC are supporting siblings of children with different abilities in an enviroment that is encouraging, supportive and ongoing. SIBSBOWL offers opportunities for these siblings to meet each other and obtain mutual support while having bowling.

DATES/TIME

February 4

March 4

April 1

May 6

June 3

Click [here](#) for an information flyer or call Ramona Carmeci (732) 528-8080 with any question

Location: SIBSBOWL will be held at Sea Girt Lanes Rt. 35, Wall, NJ, Fridays from 4-6pm

Options Manual Now Available in Spanish

The OPTIONS Manual is now available in Spanish! The Manual De Opciones, a Family-Friendly Guide to New Jersey Developmental Disability Community - OPTIONS includes information on support programs, advocacy, education, recreation, financial assistance and practical parent to parent tips. This resource manual is free to family members and is available to professionals at a nominal cost. The Manual was completed as part of Alianza- New Jersey's Family Support 360 program funded by the Administration on Developmental Disabilities.

For your copy please call 1(800)372 6510 and a friendly staff member will be more than happy to assist you. It is also available for you to download on our website www.fscnj.org

The Family Resource Network Guardianship Services

The Family Resource Network can assist you in obtaining legal guardianship in the most cost effective way.

Have you considered whether seeking guardianship is the right choice for your family? FRN Guardianship Services is designed to support and assist anyone who chooses guardianship of an adult family member with a developmental disability. This new service makes the process for obtaining guardianship more manageable.

[click here to view flyer](#)

No Name Calling Week January 24th-28th

No Name-Calling Week is an annual week of educational activities aimed at ending name-calling of all kinds and providing schools with the tools and inspiration to launch an on-going dialogue about ways to eliminate bullying in their communities. This year No-Name Calling Week will take place the week of January 24-28, 2011. The project seeks to focus national attention on the problem of name-calling in schools, and to provide students and educators with the tools and inspiration to launch an on-going dialogue about ways to eliminate name-calling in their communities.

Family Crisis Handbook

This handbook is for families on how to cope when an adult loved one with a developmental disability experiences mental health or behavioral issues. The purpose of this handbook is to inform and empower families so that they can more effectively advocate for an adult relative with a dual diagnosis during a mental health and/or behavioral crisis.

For a copy please call 1-800-372-6510 and ask to speak to a Resource Coordinator.

Hundreds of Trainings on the FSCNJ's Training Calendar

In an effort to spread awareness about workshops, conferences and other training opportunities the Family Support Center of New Jersey has launched The Training Calendar.

Throughout 2010 the training calendar was the premiere location to find out about scheduled trainings for professionals and families. Over 450 trainings were listed in 2010.

We invite professionals to post information on activities, lectures, trainings, or other events for caregivers and the people they are caring for on www.thetrainingcalendar.org. We also invite families and caregivers to view the trainings available in their area.

Donate your car to support FSCNJ!

Are you thinking of selling or trading in that old car? Why not donate it instead? As a charitable contribution your vehicle donation could make a big difference. Our process is simple, quick and convenient and we will provide free and timely pick-up of your vehicle donation. Our program is simple ... The better the car, the greater your tax deduction.

To inquire about a donation please contact Michelle Smith at (732) 262-8020

FSCNJ is on facebook!

The Facebook logo, consisting of the word "facebook" in a white, lowercase, sans-serif font on a dark blue rectangular background.

The Family Support Center of New Jersey and The Family Resource Network have joined cyber space and we want to connect with you! Click on [Facebook](#) to become our "fan" to receive bulletins and messages. Our goal is to keep people updated on news, legislation, and other activities important to the community we serve.

Respite Workbooks Now in Stock for Families & Care Providers!

The Family Support Center is distributing comprehensive patient information tools that can be entrusted to a temporary care or respite provider. "About Our Family - A Respite Workbook for Families & Care-Providers" is a product of the Child Neurology Foundation and is distributed free of charge by the Family Support Center. Call (732) 528-8080 or (800) FSC-NJ10 and a friendly staff member will mail you a free copy today!

Keeping You Connected!



Everyone is social networking, and FSCNJ will not be left behind. Our goal with blogging is to keep you informed of the latest hints, trends and resources that may pass our way. We encourage you to tag this as a favorite, and check back on a weekly basis to see what is going on. We also welcome suggestions and comments that might help others as well.

[Click this link to be redirected to our "blog spot"!](#)

Thank you for reading Family Support Chronicle! If you have any information you would like included in our e-zine, please email me at enza.jacobowitz@fscnj.org. To receive regular publications click "Join Our Mailing List" located on the top of our newsletter.

Additionally, the Family Support Center of NJ is dedicated to keeping you informed and sharing resources with the community, so we invite you to utilize the "Forward Email" button at the bottom of this email.

Sincerely,

Enza Jacobowitz
The Family Support Center of NJ

[Forward email](#)



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