

# Family Support Chronicle

## Welcome!

The Family Support Center of NJ proudly presents Sibshops! Sibshops are for kids between the ages of 8-12 years old who have a sibling with special needs.

The group will meet once a month read below for more information!

To learn about the Family Support Center of New Jersey please visit us on the web: [www.fscnj.org](http://www.fscnj.org) or call (800) 372-6510 and a friendly staff member will be more than happy to assist you.

[Join our Mailing List!](#)



**Family Support  
Center of  
New Jersey**

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## Sign Our Online Petition Today!

The Family Support Center of New Jersey provides a wide array of services and resources that they offer to the New Jersey disability community. If you support our programs and services please consider signing this online petition. Please click here!

## FSCNJ Hosts 20th Anniversary of the ADA

On July 26, 2010, families and activists gathered at the New Jersey State House Annex in Trenton to celebrate the anniversary of the signing of the Americans with Disabilities Act (ADA), exactly 20 years from the day President George H. W. Bush signed the original Act in 1990. The ADA is a wide ranging civil rights act that prohibits the discrimination of persons with any type of disability, including visual and hearing impairments, and developmental or physical disabilities.

A panel of guest speakers detailed the long journey to have the Act passed, discussed the progress that has been made, and how far we still have to go to make our communities as accessible as possible for people with different abilities.

Guest Speakers included James Weisman Esq., United Spinal Association, Joe Young, Esq., Disability Rights New Jersey, Evelina Pedilla Esq., Hinkles, Fingle and Prior and Arlene Romoff, Hearing Loss Association of New Jersey.

The event was hosted by the Family Support Center of New Jersey, a statewide clearinghouse of information and resources for families affected by disabilities. The Family Support Center of New Jersey drew attention to this anniversary as a time of appreciation for how far we have come as a country and for reflection about what else we can do to assist those with disabilities in order to live fully inclusive lives.

After the speakers presented, refreshments were served and guests were able to network with other families, businesses and nonprofit agencies in attendance.

The act mandates that local government and private enterprises provide people with disabilities fair opportunities for employment, accessibility to public and private buildings, and the ability to participate in programs and activities within the community. The Act also sets minimum standards for adaptive telecommunication devices for the hearing and speech impaired. The last and only amendment to the ADA was in 2008, which now more broadly encompasses impairments that may be episodic or in remission, such as epilepsy or post traumatic stress disorder.

## **FSCNJ Presents Training Series from Advocates for Alternatives & NJ Developmental Disabilities Planning Institute**

Is your child eligible for Division of Developmental Disabilities (DDD) services? Learn how supports and services will be determined for your son/daughter's future. Learn how you can best prepare yourself to fully participate in the planning. Come find out what you don't know!

Advocates for Alternatives & New Jersey Developmental Disabilities Planning Institute presents an opportunity to better understand the principles of Self-Direction and demystify the Developmental Disabilities Resource Tool (DDRT), which is the phone survey used by DDD to determine an individual's level of need. Come to one of the following sessions:

September 30, 2010 from 6:00 pm-8:30pm  
Norman Bleshman School- Cafeteria  
333 East Ridgewood Avenue  
Paramus, NJ 07652

Registration is free, but spaces are limited. RSVP is required to Cheryl at 800-372-6510.

## **The Family Support Center of NJ presents....Sibshops!**

Sibshops are for kids between the ages of 8-12 years old who have a sibling with special needs. FSCNJ will host Sibshop meetings once a month on a Saturday from 10:00 a.m. to 2:00 p.m.

Each session costs \$25.00 per child.

### **Meeting Schedule**

August 21, 2010

September 25, 2010

October 16, 2010

November 20, 2010

December 18, 2010

Sibshops will take place at  
The Family Resource Network - Shore Office  
Loins Head Office Park  
35 Beaverson Blvd. Bldg. 11  
Brick, NJ 08723

Please Call the Family Support Center of NJ to Register: 1-800-372-6510. Click [here](#) to download a registration form and follow instructions to ensure proper registration.

**\*\*SPACE IS LIMITED. PLEASE REGISTER AS SOON AS POSSIBLE\*\***

## **FSCNJ presents...Pressure Points in Special Education!**

As state and local budgets for special education services shrink, parents have to advocate harder in order to simply preserve the supports that are important to their child with a disability. In this 2 hour program, disability law experts from Hinkle, Fingles and Prior will discuss the changes that have resulted from budget cuts, and describe what parents and educator/advocates need to know in order to preserve services for students who need them.

### Meeting Schedule:

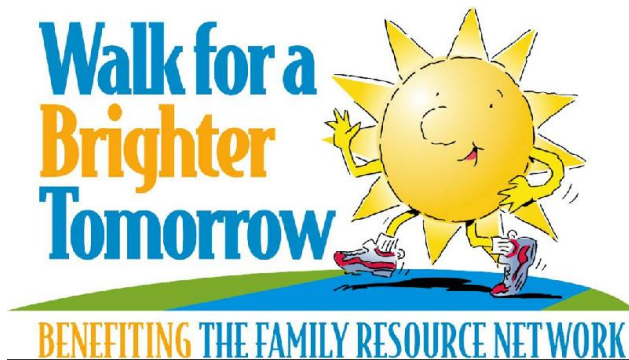
September 15, 2010  
6:00 pm - 8:00 pm  
Norman Bleshman School Cafeteria  
333 East Ridgewood Ave.  
Paramus, NJ 07652

September 20, 2010  
6:00 pm - 8:00 pm  
The Voorhees Library  
203 Laurel Road  
Voorhees, NJ 08043

October 21, 2010  
6:00 pm - 8:00 pm  
The Millburn Library  
200 Glen Ave.  
Millburn, NJ 07041

Registration is required. Please RSVP to Cheryl at 800-372-6510.

## **Get Ready for the Walk for a Brighter Tomorrow!**



### Central Walk for a Brighter Tomorrow

Sunday, October 10, 2010  
Edison, NJ

Join us as we raise awareness and dollars to support existing programs and expansion projects. The Walks are fun filled events for families and friends to walk in support of their loved ones. A casual 5k Walk, entertainment and refreshments will be just a few of the day's highlights.

Please join us in our continuing efforts to provide low-cost quality services to New Jersey families living with developmental disabilities and chronic illnesses. You can make a difference! Please visit [www.walkforabrightertomorrow.org](http://www.walkforabrightertomorrow.org) for more information.

## You're Invited To The Family Resource Network's Annual Awards Ceremony!

The Family Resource Network invites you to attend our Annual Awards Ceremony. Join us for a lovely evening with social hour and dinner as we honor those who have supported us throughout the year with an awards presentation.

Tuesday, September 28, 2010  
5:00PM-9:00PM  
Robert B. Meyner Reception Center  
PNC Bank Arts Center  
Garden State Pkwy Exit 116  
Holmdel, NJ 07733

Tickets are \$25 a person.  
Please RSVP to 732-262-8020 and let us know if you will be attending.

## Essential Lifestyle Planning: Process Facilitation and Plan Writing

Essential Lifestyle Planning is a person-centered process intended to change the way we plan, design, and deliver supports. This workshop is intended for those interested in understanding all elements of the Essential Lifestyle Planning process. Participants will learn the process of gathering information to produce powerful and effective support plans. Those pursuing ELP Facilitator Certification should also register for the ELP Facilitator Certification workshop.

August 12th-August 13th  
9:30AM-3:30PM  
The Boggs Center  
New Brunswick, NJ 08903

Contact Elizabeth Ong via email at [Elizabeth.Ong@umdnj.edu](mailto:Elizabeth.Ong@umdnj.edu) or  
by telephone at 732-235-9327 for more information regarding this event.

## Donate your car to support FSCNJ!

Are you thinking of selling or trading in that old car? Why not donate it instead? As a charitable contribution your vehicle donation could make a big difference. Our process is simple, quick and convenient and we will provide free and timely pick-up of your vehicle donation. Our program is simple ... The better the car, the greater your tax deduction.

To inquire about a donation please contact Samantha Griffiths at (609) 392-4900.

## Registration Now Open!



Tuesday, October 26, 2010  
Renaissance Woodbridge Hotel Iselin, NJ

Keynote Speaker:  
JOHN CROWLEY, President and CEO of AMICUS THERAPEUTICS  
Father of the family that inspired the movie "Extraordinary Measures"

The first 50 paid registrants will receive a copy of John Crowley's family memoir,  
Chasing Miracles: The Crowley Family Journey of Strength, Hope and Joy.

Visit [www.nationalcaregiversconference.org](http://www.nationalcaregiversconference.org) regularly for up to date  
conference information!

## **The Training Calendar Offers a Clearinghouse of Community Events**

In an effort to spread awareness about workshops, conferences and other training opportunities the Family Support Center of New Jersey has launched The Training Calendar. We invite professionals to post information on activities, lectures, trainings, or other events for caregivers and the people they are caring for on [www.thetrainingcalendar.org](http://www.thetrainingcalendar.org). We also invite families and caregivers to view the trainings available in their area.

Previously The Training Calendar had been administered by the Progressive Center for Independent Living. We applaud their foresight in developing this clearinghouse program.

## **Respite Workbooks Now in Stock for Families & Care Providers!**

The Family Support Center is distributing comprehensive patient information tools that can be entrusted to a temporary care or respite provider. "About Our Family - A Respite Workbook for Families & Care-Providers" is a product of the Child Neurology Foundation and is distributed free of charge by the Family Support Center. Call (732) 528-8080 or (800) FSC-NJ10 and a friendly staff member will mail you a free copy today!

## **Keeping You Connected!**



Everyone is social networking, and FSCNJ will not be left behind. Our goal with blogging is to keep you informed of the latest hints, trends and resources that may pass our way. We encourage you to tag this as a favorite, and check back on a weekly basis to see what is going on. We also welcome suggestions and comments that might help others as well. [Click this link to be redirected to our "blog spot"!](#)

## FSCNJ is on facebook!

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

The Family Support Center of New Jersey has joined cyber space and we want to connect with you! Click on [Facebook](#) to become our "fan" to receive bulletins and messages. Our goal is to keep people updated on news, legislation, and other activities important to the community we serve.

Thank you for reading Family Support Chronicle! If you have any information you would like included in our e-zine, please email me at [enza.jacobowitz@fscnj.org](mailto:enza.jacobowitz@fscnj.org). To receive regular publications click "Join Our Mailing List" located on the top of our newsletter.

Additionally, the Family Support Center of NJ is dedicated to keeping you informed and sharing resources with the community, so we invite you to utilize the "Forward Email" button at the bottom of this email.

Sincerely,

Enza Jacobowitz  
The Family Support Center of NJ

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