

Family Support Chronicle

Welcome !

2010 is going to be a great year and a very busy one for the Family Support Center!

This month's ezine is filled with many educational, informative and fun opportunities. We look forward to seeing you at our events!

To learn about the Family Support Center of New Jersey please visit us on the web: www.fscnj.org or call (800)372-6510 and a friendly staff member will be more than happy to assist you.



Family Support Center of New Jersey

[Join our Mailing List!](#)

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Sign Our Online Petition Today!

The Family Support Center of New Jersey provides a wide array of services and resources are that they offer to the New Jersey disability community. If you support our programs and services please consider signing this online petition. Please click [here!](#)

THERE'S STILL TIME TO JOIN US THURSDAY!



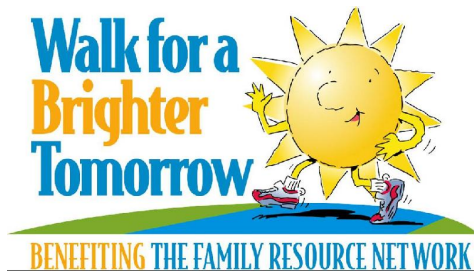
WOMEN'S CAREGIVER RETREAT

6th Annual Women's Caregiver Retreat
Thursday, May 13th, 2010
RWJ - Hamilton Center for Health and Wellness
Mercerville, NJ

Please be advised that due to lack of funding and sponsorship in these difficult fiscal times, we regrettably must charge a **\$20.00** fee to all attendees. If you have any questions, please contact Cheryl Guaimano at the Family Support Center of NJ (800)372-6510.

Click [here](#) to register online today!

Walk for a Brighter Tomorrow - Shore Area Walk



Sunday, May 16, 2010
Seaside Park, New Jersey
Registration 11:00 am
Walk 12:00 pm

Please join the Family Support Center of New Jersey for a 5k walk on the beautiful Seaside Boardwalk as we raise much needed funds and awareness for individuals and their families living with developmental disabilities and chronic illness.

For more information please visit www.walkforabrightertomorrow.org!

The Family Resource Network announces Get FIT FITNESS/INTEGRATION/TRAINING Bergen County

Join us for an open house and press conference to learn about the importance of individuals with disabilities to live healthy lives. Hear about how the partnership of Get FIT and Volt Fitness will bring healthy living practices to your community.

Wednesday, May 19, 6PM - 8PM

Volt Fitness
566 Broad Street, Glen Rock NJ 07450

Light refreshments will be provided

Please contact Beth at (800)376-2345 for more information and to RSVP

PASS Presents An Afternoon of Fun at The Bowling Alley

P.A.S.S. is a coalition of parents & agencies in NJ dedicated to supporting siblings of children with different abilities in an environment that is encouraging, supportive and ongoing. P.A.S.S. offers opportunities for these siblings to meet each other and obtain mutual support while having fun.

DATE/TIME
Friday, May 21
4:00 - 6:00 pm

LOCATION
THE LANES AT SEA GIRT
2106 STATE HIGHWAY 35
SEA GIRT, NJ 08750

Click [here](#) for an information flier or call Ramona Carmeci (732)528-8080 with any questions!

Collaborating Agencies: Statewide Parent Advocacy Network (SPAN)/NJ Parent to Parent (NJ P2P) • Family Support Center of New Jersey (FSCNJ) • Parents of Autistic Children (POAC)

Family Support Center of NJ announces the Spring 2010 Training Schedule!

The FSCNJ Training Department has been conducting information sessions for New Jersey's families since May 2004, and has developed exciting, interactive sessions intended to assist families of children with developmental disabilities targeting different age ranges in order to address unique needs.

Within each of the training sessions, families are exposed to appropriate advocacy strategies and are encouraged to develop a person centered approach to planning for their child. FSCNJ encourages and empowers families to create solutions that are right for them.

FSCNJ currently conducts three trainings through collaboration with the New Jersey Division of Developmental Disabilities, they are:

Life Line for the Journey

An interactive training session assisting families of children from infancy through age 14. At this stage, families are typically wondering and worrying about what the future holds for their child with a developmental disability. The information presented includes vision building, as well as, the different systems that they may encounter, and the scope of service provision for each including eligibility criteria. Networking time is built into the sessions so that families have an opportunity to connect with other families facing similar concerns. Click [here](#) to register for this session.

Pathways to Adult Life

Dedicated to the needs of children between the ages of 14 and 19. The purpose of this training is to assist students and their families with making informed choices during the transition process from school to adult life. At these sessions, a representative from each agency provides an overview of responsibilities and their services to transitioning students. Families have an opportunity to meet their local contact representatives and follow-up with individual concerns. Click [here](#) to register for this session.

Preparation for Life After 21

A two-part training series designed to specifically address the concerns of students with developmental

disabilities ages 19 through 21 and their families as they quickly approach the end of their education entitlement. This training provides detailed information on DDD Traditional Day Programs and Self-Directed Day Services option, DDS programs and services, DVRS resource information, and participants receive information on NJWINS (specifically for SSI/SSDI beneficiaries to make informed decisions about employment). Click [here](#) to register for this session.

If you have any questions please contact Laura Kay, Assistant Director or Debra Egan, Coordinator of Training and Education at 1(800)372-6510.

SAVE THE DATE!



SAVE THE DATE - Tuesday, October 26, 2010
Renaissance Woodbridge Hotel Iselin, NJ

Keynote Speaker:
JOHN CROWLEY, President and CEO of AMICUS THERAPEUTICS
Father of the family that inspired the movie "Extraordinary Measures"

Visit www.nationalcaregiversconference.org regularly for up to date conference information!

The Training Calendar Offers a Clearinghouse of Community Events

In an effort to spread awareness about workshops, conferences and other training opportunities the Family Support Center of New Jersey has launched The Training Calendar. We invite professionals to post information on activities, lectures, trainings, or other events for caregivers and the people they are caring for on www.thetrainingcalendar.org. We also invite families and caregivers to view the trainings available in their area.

Previously The Training Calendar had been administered by the Progressive Center for Independent Living. We applaud their foresight in developing this clearinghouse program.

Parent Error Common When Medicating Chronically Ill Kids
Even well-educated parents need more help with lifesaving drug regimens, study finds

MONDAY, May 3 (HealthDay News) -- A new study suggests that parents often make mistakes when they give medicine to their chronically ill children. "Giving these medicines in exactly the right way is vital and sometimes lifesaving for children with chronic conditions," said study lead author Dr. Kathleen E. Walsh, assistant professor of pediatrics at University of Massachusetts Medical School, in a statement. The study authors reached their conclusions after visiting the homes of 83 chronically ill children and adults aged 6 months to 20 years. The patients had cancer, sickle cell disease and epilepsy. The researchers checked on 544 drugs and watched 166 drugs being administered. Two doctors followed up by analyzing the results.

The study reports that mothers gave medications 79 percent of the time, while fathers only did 7 percent of the time. Other guardians administered medication 14 percent of the time.

Despite a high education level among parents, with 37 percent having bachelor's degrees and 12 percent holding advanced degrees, mistakes happened often. "For example, we visited families who did not use the proper syringe to measure liquid medicine or a pill cutter to cut tablets, resulting in children getting too little pain medicine or chemotherapy," Walsh said.

Researchers noted 128 medication errors, including incorrectly labeled chemotherapy drugs and insufficient doses of painkillers. Of those mistakes, 73 could have hurt children, and 10 actually did injure kids. (One mistake resulted from an incorrect chemotherapy dosing label, which called for six tablets a day when the child was supposed to have seven a week.)

The researchers write that parents need help administering complicated drug regimens, even if they're highly educated. "If parents or caregivers are not sure exactly how to give the medicine, they should ask their child's doctor," Walsh said.

The study is to be presented Monday at the Pediatric Academic Societies' annual meeting in Vancouver, Canada.

SOURCE: American Academy of Pediatrics, news release, May 3, 2010
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Keeping You Connected!



Everyone is social networking, and FSCNJ will not be left behind. Our goal with blogging is to keep you informed of the latest hints, trends and resources that may pass our way. We encourage you to tag this as a favorite, and check back on a weekly basis to see what is going on. We also welcome suggestions and comments that might help others as well. [Click this link to be redirected to our "blog spot"!](#)

FSCNJ is on facebook!

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a dark blue rectangular background.

The Family Support Center of New Jersey has joined cyber space and we want to connect with you! Click on [Facebook](#) to become our "fan" to receive bulletins and messages. Our goal is to keep people updated on news, legislation, and other activities important to the community we serve.

Thank you for reading Family Support Chronicle! If you have any information you would like included in our e-zine, please email me at enza.jacobowitz@fscnj.org. To receive regular publications click "Join Our Mailing List" located on the top of our newsletter.

Additionally, the Family Support Center of NJ is dedicated to keeping you informed and sharing resources with the community, so we invite you to utilize the "Forward Email" button at the bottom of this email.

Sincerely,

Enza Jacobowitz, Website Operations Manager
[Family Support Center of New Jersey](#)

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