



**Family Support
Center of
New Jersey**

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Family Support Center of New Jersey
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FOR IMMEDIATE RELEASE

Fifth Annual Caregiver's Retreat for Women Announced

TRENTON – The 5th Annual Caregiver's Retreat for Women will take place on Thursday, May 14, 2009. This free event features resources, support and renewal services provided to caregivers in recognition of National Women's Health Week from May 10th to the 16th. The Family Support Center of New Jersey will be sponsoring the event along with: New Jersey Department of Health and Senior Services, Office on Women's Health, Office of Nutrition and Fitness, Division of Aging and Community Services and the American Heart Association/American Stroke Association.

The retreat is taking place at the Robert Wood Johnson Hamilton Center for Health and Wellness in Mercerville, NJ. The day will begin with registration and breakfast at 8:30am and will be followed by a full day program including dynamic speakers, renewal services, exhibits, and a luncheon. Over 175 caregivers are expected to attend this event.

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The Family Support Center of New Jersey is the clearinghouse on information and referral for families and individuals with developmental disabilities and chronic or serious illnesses in New Jersey. Family Support Center of New Jersey is an affiliate of The Family Resource Network with its headquarters located in Manasquan, NJ. For more information about the Family Support Center of New Jersey please visit www.fscnj.org or call 1-800-372-6510.

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