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**Samantha Griffiths
429 River View Plaza
Trenton, NJ 08611
609-392-4900 phone
609-392-5621 fax
sgriffiths@familyresourcenetwork.org**

FOR IMMEDIATE RELEASE

NATIONAL CAREGIVERS CONFERENCE TO BE HELD IN NEW JERSEY

TRENTON- The 2008 National Caregivers Conference will be held on October 29th at the Woodbridge Hotel and Conference Center (formerly the Sheraton at Woodbridge Place) in Iselin, New Jersey. The annual event is hosted by the Family Support Center of New Jersey, an affiliate of The Family Resource Network.

The event will feature 18 workshops with 22 presenters, as well as over 40 exhibit tables focused on caregiving. The workshops and presentations follow specific caregiving topics, including mental health, autism, future planning, aging and more. Some examples of workshops include “Entrepreneurs with Disabilities: Opportunities for the Future,” “Planning for My Child’s Future,” “CyberBullying,” and “Heart Wide Open: Self-Care for Caregivers.”

Lee Woodruff, author and contributing editor for *Good Morning America* will serve as this year’s Keynote Speaker. Woodruff and her husband, Bob, co-wrote *The New York Times* best-selling book *In an Instant: A Family’s Journey of Love and Healing*, which describes their ordeals after Bob suffered critical injury in Iraq while anchoring a broadcast for *ABC News*. Woodruff has written numerous articles appearing in *Health*, *Redbook*, *Country Living*, and *Family Fun* and also runs her own public relations firm.

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Also speaking is AOL Consumer Advisor, Regina Lewis, to discuss benefits of the internet and technology for caregivers. Her luncheon speech, titled “Shortcuts for Caregivers: Making the Internet Work for You” will provide a crash course covering online trends, community resources and practical tips, tricks and shortcuts for the not-so-cyber-savvy. In addition to working for AOL, Lewis is also a best-selling author, national TV contributor, tech-trend expert, and host of DIY Network’s “Tech Out My House.”

This year’s conference has several new additions, including family scholarships and respite care, demonstrations and complimentary internet use provided by the Apple Store Menlo Park- located in Menlo Park Mall, and continuing education units for select conference attendees. A meet-and-mingle event will also be held that evening and over 10 different states will be represented at the conference.

About the Family Support Center

The Family Support Center of New Jersey is a clearinghouse of up-to-date information on national, state and local family support programs, services and disabilities. The Center offers a “one-stop-shopping” approach to individuals seeking information on disabilities and services by providing them with easy access to a comprehensive array of services. To receive more information about the National Caregivers Conference, please visit www.nationalcaregiversconference.org or call 800-FSC-NJ10.

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